

PEEL PRECAUTIONS AND CONTRAINDICATIONS

- 1) A patch test for some peels is recommended.
- 2) This treatment may cause increased sensitivity to the skin depending on the skin type and home care regimen. Side effects may include, but are not limited to stinging, itching-irritation, redness, swelling, tightness, peeling and scabbing of the skin.
- 3) Avoid the sun, tanning beds, sweating, exercising, hot baths or showers, scrubbing, picking, or rubbing, which can lead to scarring.
- 4) Avoid waxing or depilatories 48 hours before and 7 days after treatment.
- 5) Discontinue the use of exfoliating scrubs, glycolic acid, or benzoyl peroxide products for at least 24 hours before or after treatment.
- 6) Discontinue the use of prescription Vitamin A Keratolytic drugs 7 days before and after treatment.
- 7) A broad-spectrum sunscreen is recommended daily pre & post-treatment.
- 8) A POST TREATMENT Kit is mandatory following every peeling treatment.
- 9) Proceed with caution for Fitzpatrick types IV-VI (pre-treat longer than two weeks for optimal outcome)

CONTRAINDICATIONS

- 1) The use of isotretinoin (accutane) in the past 6 to 12 months
- 2) The use of prescription Keratolytics within past 7 days
 - Retin-A/Renova, Azelex (Azelaic Acid), Tazorac (Tazarotene), Differin (Adapalene)
- 3) The current use of Hydrocortisone
- 4) Any known allergies or sensitivities to products or ingredients
- 5) Allergy to aspirin (salicylic peels)
- 6) Is currently being treated for a facial skin disease by a dermatologist
- 7) Currently being treated for severe systemic or autoimmune disease. Must consult with your physician prior to treatment
- 8) Infectious diseases.
- 9) History of radiation to the region.
- 10) Laser resurfacing, chemical peels, or dermabrasion.
- 12) Herpes simplex or active infection (must use a prophylactic prior to treatment).

CONTRAINDICATIONS: CONTINUED

- 13) History of hypertrophic scar formation
 - 14) Pregnancy, breastfeeding.
 - 15) Obsessive pickers.
 - 16) Diabetics for some peels.
 - 17) Visible redness, irritation or inflammation.
 - 18) History of extremely reactive skin.
 - 19) Moderate to severe Rosacea or current flare-up.
 - 20) Sunburned, wind-burned, or severely dehydrated with irritation.
 - 21) Broken skin or scrapes.
 - 22) Open sores, suspicious lesions, bleeding, or basal cell carcinoma.
 - 23) Recent cosmetic injections within 5 days.
 - 24) Any recent cosmetic surgery. Must consult with physician prior to treatment.
 - 25) Any unsure situation, will not proceed with treatment.
- 1) Pre-treatment home care 2 weeks prior to peel
 - 2) Post treatment home care for 1-2 weeks following the treatment